

Week 1	<b>DATES: 24/2 17/3 21/4 12/5 9/6 30/6 21/7</b>				
	<b>Allergen Groups: C- Celery, G- Cereals Contain Gluten, CRUS- Crustaceans, E- Eggs, F- Fish, L- Lupin, M- Milk, MOL- Molluscs, MUS – Mustard, N-Nuts, P- Peanuts, SS- Sesame Seeds, S- Soya, SD- Sulphites</b>				
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Breaded Chicken Goujons <b>G</b>	Pasta Beef Bolognese (Minced beef, garlic, tomatoes, lentils, onions, herbs, Worcester sauce & gravy) <b>G/F</b>	Roast Turkey	Ham, Cheese & Tomato Muffin Pizza <b>M/G/S</b> May Contain <b>SS</b>	Breaded Salmon Strips <b>F/G</b>
Vegetarian	Chicken Free Nuggets <b>S/G</b> May Contain <b>NUTS</b> .	Vegetable Bolognese (Quorn mince, garlic, tomatoes, lentils, onions, herbs, vegetable bouillon & gravy) <b>G/E</b>	Vegetarian Roast (Stuffing mix with onions, carrots, cheese, breadcrumbs, egg & herbs in puff pastry) <b>S/E/G/M</b>	Cheese & Tomato Muffin Pizza <b>M/G/S</b> May Contain <b>SS</b>	Plant Based Fishfingers <b>S/G</b>
Served with	Rice, Sweet and Sour Sauce (Optional) & Mixed Vegetables	Pasta <b>G</b> , Crusty Bread <b>G</b> May Contain <b>SS</b> , Cauliflower or Broccoli	Roast Potatoes, Carrots or Green beans & Gravy	Cous Cous <b>G</b> May Contain <b>MUS/S</b> & Sweetcorn	Golden Fries, Peas & Tomato Sauce
Jacket Potato Served with	Baked beans, Cheese <b>M</b> or Tuna <b>E/MUS/F</b> Seasonal Vegetables or Salad	Baked beans, Cheese <b>M</b> or Tuna <b>E/MUS/F</b> Seasonal Vegetables or Salad	Baked beans, Cheese <b>M</b> or Tuna <b>E/MUS/F</b> Seasonal Vegetables or Salad	Baked beans, Cheese <b>M</b> or Tuna <b>E/MUS/F</b> Seasonal Vegetables or Salad	Baked beans, Cheese <b>M</b> or Tuna <b>E/MUS/F</b> Seasonal Vegetables or Salad
Sandwich Served with	Ham Sandwich <b>G/S</b> Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Cheese Baguette <b>G/M</b> May Contain <b>SS</b> Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Ham & Tomato Panini <b>G</b> May Contain <b>SS</b> Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Tuna Wrap <b>F/E/G/MUS</b> Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Egg Roll <b>G/E/MUS</b> May Contain <b>SS</b> Salad or Seasonal Vegetables. Sultanas, or Fruit wedge
Pudding	Iced Sponge <b>G/E</b>	Mousse <b>M</b> & Fruit	Fruit Flapjack <b>G</b> & Custard <b>M</b>	Choc ice <b>M/S</b> May Contain <b>NUTS</b>	Butterscotch biscuit <b>G</b>
Available Daily	Bread <b>G/S</b> , Salad Fresh Fruit, Yoghurt <b>M</b> Water/ Milk <b>M</b>				
	<b>ALL MENU SUBJECT TO AVAILABILITY</b>				

Week 2	DATES: 3/3 24/3 28/4 19/5 16/6 7/7				
Allergen Groups: C- Celery, G- Cereals Contain Gluten, CRUS- Crustaceans, E- Eggs, F- Fish, L- Lupin, M- Milk, MOL- Molluscs, MUS – Mustard, N-Nuts, P- Peanuts, SS- Sesame Seeds, S- Soya, SD- Sulphites					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mac n Cheese (Pasta in a creamy cheese sauce) M/G/MUS	Cheese, Ham & Tomato Wheels (Puff pastry wheel filled with Herby tomatoes, cheese & ham) G/M	Roast Chicken & Stuffing G May Contain S	Beefburger in a Bun G	Whitefish Fillet G/F
Vegetarian	Roast Vegetables, Bean & Tomato Pasta G	Cheese & Tomato Wheels (Puff pastry wheel filled with Herby tomatoes & cheese) G/M	Quorn Roast E/M	Vegetarian Burger G in a Bun G	Moroccan style Cauliflower Bites
Served with	Crusty Bread G May Contain SS, Peas	Creamy Mashed Potato, Baked Beans or Green Beans	Roast Potatoes, Carrots or Broccoli & Gravy	Coleslaw M/E/MUS or Mixed Vegetables	Golden Fries, Sweetcorn & Tomato Sauce
Jacket Potato Served with	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad
Sandwich Served with	Ham Roll G May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Tuna Sandwich G/E/F/MUS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Cheese Wrap G/M Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Tuna Panini G/E/F/MUS May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Egg Roll G/E/MUS May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge
Pudding	Jam & Coconut Sponge G/E/SD	Frozen Yoghurt M & Fruit	Fruit & Custard M	Shortbread G	Oat Cookie G
Available Daily	Bread G/S, Salad Fresh Fruit, Yoghurt M Water/ Milk M				
ALL MENU SUBJECT TO AVAILABILITY					

Week 3	DATES: 10/3 31/3 5/5 2/6 23/6 14/7				
	Allergen Groups: C- Celery, G- Cereals Contain Gluten, CRUS- Crustaceans, E- Eggs, F- Fish, L- Lupin, M- Milk, MOL- Molluscs, MUS – Mustard, N-Nuts, P- Peanuts, SS- Sesame Seeds, S- Soya, SD- Sulphites				
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Ham & Egg E	Chicken Fajita (Chicken, peppers, onions, garlic & fajita seasoning in a tortilla wrap) MUS/G & Rice	Sausages & Yorkshire Pudding G/M/E	Beef Lasagne (Minced beef, lentils, beef gravy, onions & herb layered with a white sauce & lasagne sheet. Topped with cheese) G/M/F/MUS	Jumbo Breaded Cod Fishfinger F/G
Vegetarian	Cheese & Chive Pie (Diced potatoes in a cheese sauce with chives, peas & pastry topping) G/M	Pesto Pasta G/M/SD & Crusty Bread G, May Contain SS	Plant Based Vegan Sausage S & Yorkshire Pudding G/M/E	Vegetable Lasagne (Quorn mince, lentils, gravy, onions, vegetable mix & herb layered with a white sauce & lasagne sheet. Topped with cheese) G/M/E/MUS	Breadcrumb Coated Vegetable Fingers G
Served with	Baby Potatoes, Baked Beans or Green Beans	Peas	Roast Potatoes, Carrots or Cauliflower & Gravy	Mixed Vegetables	Golden Fries, Sweetcorn & Tomato Sauce
Jacket Potato Served with	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad
Sandwich Served with	Tuna Roll G/E/F/MUS May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Cheese Panini G/M May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Tuna Wrap G/E/F/MUS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Ham Baguette G May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Egg Sandwich MUS/E/G/S Salad or Seasonal Vegetables. Sultanas, or Fruit wedge
Pudding	Chocolate Cracknell M/G & Fruit	Lemon Drizzle Sponge G/E	Cheese M, Crackers G May Contain M & Fruit Slice	Jelly & Fruit	Ginger Cookie G/E
Available Daily	Bread G/S, Salad Fresh Fruit, Yoghurt M Water/ Milk M				
	ALL MENU SUBJECT TO AVAILABILITY				

**Allergen Groups:** **C**- Celery, **G**- Cereals Contain Gluten, **CRUS**- Crustaceans, **E**- Eggs, **F**- Fish, **L**- Lupin, **M**- Milk, **MOL**- Molluscs, **MUS** – Mustard, **N**-Nuts, **P**- Peanuts, **SS**- Sesame Seeds, **S**- Soya, **SD**- Sulphites

The kitchen does not use nuts, nut oils or nut containing products in the preparation of food; but we cannot guarantee that the source of manufacture is completely nut free.

If your child has an allergy, please contact the school office via [admin@newportprimary.devon.sch.uk](mailto:admin@newportprimary.devon.sch.uk)

**Payment** - £2.50 per meal: For year 3-6 and in the Nursery for dinners are made in advance, through My child at school. You will get automatic reminders when your dinner balance goes below £0.00. All dinner payments to be made electronically.

- Our school dinners are made fresh on-site using ingredients from John Patt's greengrocers, our fresh meat is supplied by Phillip Dennis butchers and ambient and other food by Savona.
- We use a mixture of wholegrain and white pasta and rice. Our biscuits, cakes and pizza bases contain a mix of wholemeal and white flour. No added salt is used in any of our recipes we use herbs, spices, garlic & Vegetables to add flavour. Our bread where possible is 50/50.
- Baked beans are low salt and sugar.
- We use Mature cheddar in our recipes so use less but keep the flavour.
- The menu is on the school website, please also keep an eye on your weekly newsletters for any updates or menu changes for the week ahead.

During morning register, children are able to choose the option they would like for lunch so if you have a preference on what meal you would like your child to receive we would encourage you to talk this through with your child before school.

### **Free School Meals**

All children in Reception, Year 1 and 2 are entitled to free school meals – this is known as **Universal Free School Meals**. If your child is in Reception, Year 1 or 2 and you receive one of the qualifying benefits below, you should still make an application as this gives the school additional pupil premium funding to support learning. If you receive any of the following you are entitled to free school meals: (please make an application even if you do not take up the offer of the free school meal.) Please note, that during the February half term holiday, those that qualify for Free School Meals will also benefit from a Free School Meal Voucher.

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods).
- Income Support (IS).
- Income-based Jobseekers Allowance (IBJSA).
- Income-related Employment and Support Allowance (IRESA).
- The guaranteed element of State Pension Credit.
- Support under Part VI of the Immigration and Asylum Act 1999.
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income as assessed by Her Majesty's Revenue and Customs, that does not exceed £16,190).
- Working Tax Credit run-on (the payment you get for a further 4 weeks after you stop qualifying for Working Tax Credit).

### **How to apply:**

Apply through the [Devon Citizens Portal](#). This is the quickest and easiest way to apply and will result in you getting an instant decision. Alternatively, call the Education Helpline on: 0345 155 1019